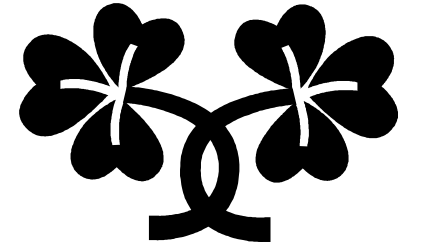
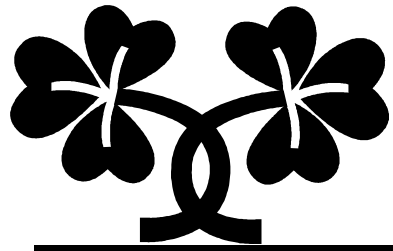




















# STAR VISTA VILLAGE COMMUNITY

## CALENDAR MARCH 2011



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1. 9:30 Sit & Be Fit (MPR) <b>11:15 Eye Glass Check up with Peepers Optical (LR)</b>	2. 9:00 Visiting Nurse Association Foot Clinic \$25 Please sign up, Wellness Office 9:30 Arm Chair Yoga (MPR) 11:00 Past Matrons Lunch	3. 9:00 Trash Day 9:00 Catholic Communion 9:30 Sit & Be Fit (MPR) 9:30 Shopping: Walmart 7:30 Golden Queen Chapter Meeting in the Chapel	4. 10:00 <b>Senior Technology in the Pic- a -dilly, FREE</b> 9:30 Sit & Be Fit (MPR) 11:00 Harmonaires Perform Home Living Room	5. 8:30 Breakfast in the Pic-a-dilly 
6. 10:30 Religious Service 6:30 Religious Service w/ Pastor Steve 	7. 9:00 Beauty Shop OPEN 9:00 Trash Day 9:30 Sit & Be Fit (MPR) 2:00 Birds of Prey in the Chapel 	8. 9:30 Sit & Be Fit (MPR) 9:30 Mtn. Man in Pic-a-dilly 10:00 Resident Meeting Pic 10:30 Protestant Communion in the Chapel	9. 9:00 Catholic Communion 9:30 Arm Chair Yoga (MPR) 9:30 Foot Clinic w/ Dr Horowitz \$45 (WO) 	10. 9:00 Trash Day 9:30 Sit & Be Fit (MPR) 10:15 Shopping: Whole Foods 12:00 Men's Poker Pic 	11. <b>9:00 Casino Trip, sign up in kiosk we need 5 to go \$20</b> 9:30 Sit & Be Fit (MPR) 	12. 1:00pm Karaoke in the living Room with Willie and Amelia! 
13. Day Light savings turn clocks forward an hour 10:30 Religious Service 6:30 Religious Service w/ Pastor Steve 	14. 9:00 Beauty Shop OPEN 9:00 Trash Day 9:30 Sit & Be Fit (MPR) 10:15 Safeway & Starbucks 1:00 Ladies Bridge in Pic	15. 8:45 Mobile Post Office 9:30 Sit & Be Fit (MPR) 11:30 Lunch Out to Slattery's Irish Pub sign up at kiosk 3:00 Arapahoe Singers (MPR) 7:30 Golden Queen Chapter Meeting 	16. 9:30 Chair Yoga (MPR) 6:30pm Bible Study (CL)	17. <b>Happy St Patrick's Day!</b> 9:00 Trash Day 9:00 Catholic Communion 9:30 Sit & Be Fit (MPR) 10:15 Shopping Kingsoopers 3:00 Irish Dancers (MPR)	18. 9:00 <b>AARP Driving Safe Class</b> 9:30 Sit & Be Fit (MPR) 2:15 Trip To Dairy Queen meet at ramp door 	19. <b>10:30 Delegate Meeting in the Chapel</b> <b>6:30 Dinner in the Pic-a-dilly</b>
20. 10:30 Religious Service 6:30 Religious Service w/ Pastor Steve 	21. 9:00 Beauty Shop is OPEN 9:00 Trash Day 9:30 Sit & Be Fit (MPR) 10:15 Safeway & Starbucks	22. 9:30 Sit & Be Fit (MPR) 2:00 Red Hatters in the Pic- 	23. 9:30 Arm Chair Yoga (MPR) <b>2:15 Trip to Koebel Library: Songs of the Old west</b> <b>6:30 Bible Study (CL)</b>	24. 9:00 Trash Day 9:00 Catholic Communion 9:30 Sit & Be Fit (MPR) 9:30 Shopping:Walmart	25. 9:30 Sit & Be Fit (MPR) 2:15 Trip To Dairy Queen meet at ramp door 3:30pm Wine & Cheese in the Pic-a-dilly 	26. <b>2:00 We Make Music Performs In the Home Living Room</b> 
27. 10:30 Religious Service 6:30 Religious Service w/ Pastor Steve 	28 9:00 Beauty Shop is OPEN 9:00 Trash Day 9:30 Sit & Be Fit (MPR) 10:15 Safeway & Starbucks <b>10:30 Hearing Aide Clinic (LR)</b>	29. 9:30 Sit & Be Fit (MPR)	30. 9:30 Arm Chair Yoga (MPR) <b>4:00 Men's Club in the Multi-purpose room, Beer &amp; Chips Men ONLY</b> <b>6:30 Bible Study (CL)</b>	31. 9:00 Trash Day 9:00 Catholic Communion 9:30 Sit & Be Fit (MPR) 10:15 Shopping: Whole Foods	 <b>Creating environments where moments of joy, independence and wellness are the focus of each and every day.</b>	