
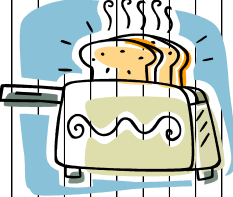





EASTERN STAR MASONIC CENTER

SAMPLE MENU

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
BREAKFAST 7:30 AM 	Orange Juice Oatmeal Ham Omelets Ham Toast Pineapple Milk, Tea or Coffee	Orange Juice Oatmeal Over Easy or Scrambled Eggs Biscuits & Gravy Link Sausage Toast Orange Wedges Milk, Tea or Coffee	Orange Juice Oatmeal Over Easy or Scrambled Eggs Pancakes Bacon Apple Sauce Milk, Tea or Coffee	Orange Juice Oatmeal Over Easy or Scrambled Eggs Patty Sausage Toast Peaches Milk, Tea or Coffee	Orange Juice Oatmeal Over Easy or Scrambled Eggs Ham Omelets Toast Pears Milk, Tea or Coffee	Orange Juice Oatmeal Over Easy or Scrambled Eggs Bacon Toast Apricot's Milk, Tea or Coffee	Orange Juice Oatmeal Over Easy or Scrambled Eggs Link Sausage Toast Melon Milk, Tea or Coffee	
LUNCH 12:00 NOON 	Jell-O Salad Roast Beef Green Beans Wild Rice Carrot Cake Milk, Tea or Coffee	Tomato & Cucumber Salad Corn Beef & Cabbage Or Sliced Turkey Boiled Potatoes Pumpkin Pie Milk, Tea or Coffee	Tossed Salad Chicken Alfredo & Pasta or Meatball & Brown Gravy Over Noodles Winter Blend Fried Potatoes Peas Pecan Pie Milk, Tea or Coffee	Waldorf Salad Meat Loaf Or Chicken Corn Mashed Potato's Custard Milk, Tea or Coffee	Fruit Salad Pork Chops Or Roasted Turkey Stuffing Peas Strawberry Cake Milk, Tea or Coffee	Pea Salad Veal Parmesan Or Fried Veal With Brown Gravy Rice Pie Milk, Tea or Coffee	Cole Slaw Chicken & Dumplings Broccoli & Cauliflower Lemon Meringue Pecan Pie Milk, Tea or Coffee	
SUPPER 5:30 PM 	Split Pea Soup Cheese Burgers Lettuce & Tomato French Fries Boston Cream Pie Milk, Tea or Coffee	Cream of Celery Soup Ham & Swiss Sub Sandwich Lettuce & Tomato Chips Slice Fruit Milk, Tea or Coffee	Chicken Noodle Soup Sloppy Joe's French Fries Crumb Cake Milk, Tea or Coffee	Beef Barley Soup Chicken Casserole With Veggies Dinner Roll Peach Cobbler Milk, Tea or Coffee	Cream of Mushroom Soup Tuna on Toast Frito's Brownies Milk, Tea or Coffee	Tomato Soup French Bread Pizza Chocolate Chip Cookies Milk, Tea or Coffee	Potato Soup Chili With Grilled Cheese Sandwich Turn Over's Milk, Tea or Coffee	